



## **Leadership Development Workshop**

### ***“Recharge, Rejuvenate: Sustaining Joy in Our Work”***

Thursday, January 13<sup>th</sup> and Friday, January 14<sup>th</sup>, 2022  
Victoria Inn, 1808 Wellington Avenue, Winnipeg MB

**Facilitators:** MASS Leadership Development Committee

#### **Workshop Description**

The purpose of this workshop is to provide senior leaders the opportunity to network with colleagues with a focus on wellness. At a time in our careers when so much of what we do is pandemic management rather than the inspiring work of educational leadership, it is important to talk about how we sustain a sense of joy in what we do.

#### **Thursday evening    World Café**

- The world café will focus on these guiding questions:
  - What do you do to recharge and rejuvenate?
  - When/where do you find joy?
  - When/where have you experienced resilience?
  - When/where have you felt the power or impact of a team?

#### **Friday Morning        Motivational Guest Speaker: Darci Lang**

- Darci's message is empowering but grounded in acknowledging one's context. Her theme is all about balance, wellness, and personal effectiveness. Her mantra is focusing on the 90% and not allowing the 10% to drag us down. The message is straightforward, shared with depth, humour, and compassion. Darci has worked with Park West School Division where her presentation was extremely well received.

#### **Friday Afternoon**

- Get Moving                      1:00 pm to 1:30 pm
- Reflection                      1:30 pm to 2:30 pm
- Departing with Joy    2:30 pm to 2:45 pm

#### **Schedule**

##### **Thursday, January 13**

5:30 pm - 6:30 pm    Dinner  
7:00 pm - 9:00 pm    World Café  
9:00 pm - 11:00 pm    Networking

##### **Friday, January 14**

9:00 am - 12:00 pm    Darci Lang  
12:00 pm - 1:00 pm    Lunch  
1:00 pm - 2:45 pm    Get Moving. Reflection.  
                                 Depart with Joy.

Registration: \$220.00 (Includes Thursday dinner, Friday lunch)